

Name: Skin Soothe Healing Salve

source: <http://www.drugscare.com>

Uses: Hives, Skin Dryness, Splinters, Insect Bites, Dog Bites, Lip Dryness, Cuts, Scars

Comments: 1/2 oz. powdered Comfrey root
1/2 oz. Calendula flowers, dried
1/2 oz. Chamomile flowers, dried
1/2 oz. Plantain leaves, dried
16 drops Tea Tree oil
8 ounces olive oil
1/2 oz. chopped beeswax or enough to make the salve form

This formula can be prepared one of two ways:

Method One

In a crock pot or an enamel pot combine the herbs and the olive oil. Bring to a very slow cooking temperature (around 80 degrees Ferehnheit) and cook for 1/2 a day (8-12 hours). When dark in color, strain the herbs through a sieve lined with cheesecloth. Pour the oil back into a cleaned pot on low heat. Add in the chopped beeswax and allow to melt. Pour a tespoonful into a jar lid so that it may solidify. Check for consistency. It should be firm but spreadable. Add more beeswax, if necessary. The Tea Tree oil can be added at the end. Pour the mixture into clean, glass jars and allow to set up.

Method Two

The herbs can be gathered fresh and placed in a jar with olive oil poured over them to cover. Top the jar with cheesecloth and a rubberband and allow the mixture to sit for 2 weeks. Strain off the herbs and proceed as above, by pouring the oil back into a clean pot. Bring the heat up to a low melting temperature and add the beeswax and Tea Tree oil.

Comfrey (*Symphytum officinale* L.) is a perennial herb of the family Boraginaceae with a black, turnip-like **root** and large, hairy broad leaves that bears small bell-shaped white, cream, purple or pink flowers.

Calendula (ASTERACEAE) : from calend, meaning the first day of every calendar month as Calendula opens as the sun rises.

Chamomile sunflower family (Asteraceae): an annual plant *Chamomile* is one of the oldest favourites amongst garden herbs. sedative herb for pain, insomnia,

Plantain : The wildflowers of British Columbia,